



Zesty lemon chia slice

Delicious lemony slice, great with Greek or coconut yoghurt. Serves 12. Per serve: Cal: 156; Fat: 13.8g; Pro: 5.2g; Carbs: 1.3g

Serves: 12, Prep time: 00:15, Cook time: 00:45

Instructions

Pre heat oven to 180 degrees, line a baking dish with paper or use silicone.

Boil the lemons whole for 15-20 minutes, drain, cut and remove pips and place into food processor. The whole lemons, skin and all.

Add other ingredients and blend until mixed through.

Transfer to a baking dish, put into oven and bake 25-30 minutes until done.

Remove, cool and slice.

Ingredients

- 3 Lemon
- 2 cups Almond meal
- 3 Eggs
- 2 teaspoon Baking powder
- 3 tablespoon Chia seeds
- 3 tablespoon Equal Natural Sweetener (Stevia)
- 50 grams Butter, salted
- 0.25 teaspoon Salt, Himalayan